

FY26 PROGRAM REPORT



VILLA MARIA BEHAVIORAL HEALTH

CATHOLIC CHARITIES IN ACTION

SUMMARY

Villa Maria Behavioral Health accomplished a great deal this year. We have vastly increased the data available to our managers, allowing us to improve our scheduling and increase productivity, while reducing turnover and vacant therapist positions by half. Additionally, we have improved coordination of care with the Community Services Division, including Christopher Place Employment Academy, Our Daily Bread Employment Center, Weinberg Housing and Resource Center, My Sister's Place Women's Center and the Carolyn E. Fugett Intergenerational Center. We also implemented useful technology (Bells AI) which is mandated for clinical staff, resulting in more efficient and effective documentation.

Regularly collecting feedback from clients helps clinicians focus treatment on what matters most to the client. This process is known as Measurement-Based Care (MBC) and is used in our clinics to provide effective, high-quality treatment. When MBC is used with clients in our clinics, clients attend services more regularly and experience greater symptom reduction. This resulted in 80% greater attendance and symptom reductions averaging between 19% to 37%. Clients and clinicians were able to achieve greater improvement over shorter periods of time. Additionally, VMBH's therapeutic alliance score is 86%, which is above national averages.

SERVICES PROVIDED

- Co-occurring mental health and substance use treatment
- PRP
- Afterschool program
- Respite
- Peer Recovery Coaching
- Peer Training program
- Continued education trainings
- Support to Safe Streets for violence interrupters
- Family Care Coordination (case management)
- Drop-in Center for at risk adolescents
- Mental Health Assessment Team

KEY OUTCOMES



Percentage of therapeutic alignment between clinician and client

86%

Percentage of Greenspace-measurement-based care utilization

71%



Family Provider Partnership survey results, with goal having been met

4.0



Of 4,016 clients served, percentage of those actively engaged in psychiatry services

37%

Percentage reduction of clinician turnover and vacancies between FY 25 and 26.

50%

KEY GOVERNMENT FUNDERS

- Maryland Department of Human Services
- Local Departments of Social Services, including Baltimore, Harford, Allegany, and Anne Arundel Counties and Baltimore City
- Maryland Department of Health, Behavioral Health Administration
- Community Health Resource Commission
- Baltimore County Local Management Board
- Mayor's Office of Neighborhoods, Safety and Engagement
- Maryland Department of Labor
- Maryland Opioid Restitution Funds
- Behavioral Health Systems Baltimore
- Baltimore City Schools

In addition to the grant support from key government funders, we extend our deepest gratitude to the individuals, corporations, community partners, and foundations that support our work. Their generosity provides life-changing opportunities for families and individuals in need.

PROGRAM NEEDS

Each of our programs has specific in-kind donation needs, from school supplies to food and more. Villa Maria Behavioral Health specifically and consistently needs the following items:

- Gift cards
- Therapeutic toys / Fidget items
- Art supplies
- Games
- Back-to-school items, including backpacks

If you would like to support VMBH or any of our programs with additional in-kind donations, please visit cc-md.org/in-kind-donations.

VILLA MARIA
BEHAVIORAL
HEALTH
CATHOLIC CHARITIES IN ACTION

Multiple locations in Maryland, including Allegany, Anne Arundel, Baltimore, Frederick and Harford Counties, and Baltimore City

667-600-2000

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Behavioral Health

