CATHOLIC CHARITIES

CHERISHING THE DIVINE WITHIN ALL



VOLUNTEERING IS FOR EVERYONE!

Volunteer Group Opportunities for Students and Children

For more information on volunteer opportunities for students, adults, groups and individuals, please contact:

Colette Saucier Director of Volunteer Services and Outreach (667) 600-2028 <u>csaucier@cc-md.org</u>

www.cc-md.org/volunteer

Volunteer opportunities at Catholic Charities are available for every age and for every group. Our programs provide services for those who are experiencing:

- poverty, hunger, and homelessness
- physical and mental challenges
- unemployment ٠

- mental health struggles
- individual or family crises ٠
- aging with dignity

There are so many ways for groups of young people to join our professional staff and work alongside other volunteers who want to help our neighbors during uncertain times of their lives. From youth sports teams to families with young children, we have opportunities for in-person volunteering and off-site projects, based on the age of the volunteer.

You can help us improve someone's life and champion them to realize there is hope for overcoming life's challenges.

Opportunities for those 14 and older on-site:

Prior to their volunteer service, students are encouraged to watch recommended videos with an adult, parent or teacher and talk about what their upcoming volunteer experience may feel like and what interacting with the people we serve may look like.

For questions or how to schedule your service for any of the volunteer opportunities, please contact <u>Colette Saucier</u>, Director of Volunteer and Outreach Services, <u>csaucier@cc-md.org</u>, (667) 600-2028.

Our Daily Bread Employment Center (ODBEC)

Through an array of services, including a daily hot meal, ODBEC is committed to planting seeds of hope for individuals experiencing hunger, homelessness and other challenges.

LOCATION: 725 Fallsway, Baltimore, MD 21202; <u>www.cc-md.org/odbec</u>

NEEDS: Up to 25 volunteers per shift; 14 years and older

WHAT YOU'LL DO:

Volunteers will help serve guests a hot, nutritious meal and assist in the kitchen, which may include meal set-up and clean-up.

SHIFT: 9 a.m. – I p.m. (7 days/week)

HOW TO PREPARE FOR YOUR SERVICE:

Volunteers will interact with food-insecure guests who may have homes or who are currently experiencing homelessness.

- Watch a video about a Our Daily Bread Employment Center.
- Talk about how you feel after watching the video and ask questions about anything you saw or heard.

My Sister's Place Women's Center (MSPWC)

MSPWC is a comprehensive day resource center for women and children experiencing homelessness in Baltimore City.

LOCATION: 17 West Franklin Street, Baltimore, MD 21201; cc-md.org/my-sisters-place

NEEDS: Up to 5 volunteers per shift; 14 years and older

WHAT YOU'LL DO:

Volunteers will help serve a lunchtime meal to our guests and help with kitchen duties as assigned.

SHIFT: II a.m. – I p.m.

HOW TO PREPARE FOR YOUR SERVICE:

Volunteers will learn about other services offered at MSPWC that include finding a permanent home, employment, and therapy.

- Request the Volunteer Handbook from <u>Colette Saucier</u> and discuss words that are new to you.
- Watch "The Meaning of the Movement: My Sister's Place-Lenaur" which talks about how not having a place to • live can feel.

Sarah's House

Sarah's House is a safe emergency shelter providing daily meals, supportive housing, and assistance in finding permanent homes for unsheltered families in Anne Arundel County.

LOCATION: 2015 20th St., Fort Meade, MD 20755; cc-md.org/sarahshouse

NEEDS: Up to 10 volunteers; 16 years and older

WHAT YOU'LL DO:

Potential outdoor lawn and garden work in addition to as-needed indoor assistance with organizing donations and assembling health and hygiene kits.

SHIFT: times vary depending on the volunteer task

HOW TO PREPARE FOR YOUR SERVICE:

Volunteers will be helping people living at Sarah's House in different ways.

• Watch a video about Sarah's House <u>here</u>.

St. Vincent's Villa

St. Vincent's Villa provides behavioral health treatment within a therapeutic, residential setting for children ages 12 and younger who are learning how to cope with trauma.

LOCATION: 2600 Pot Spring Road, Timonium, MD 21093; cc-md.org/svv

NEEDS: Up to 5 volunteers; 16 years and older

WHAT YOU'LL DO:

Volunteers may be asked to help in the garden, sort through donations, or help organize an upcoming activity.

SHIFT: times vary depending on the volunteer task

HOW TO PREPARE FOR YOUR SERVICE:

• Watch a part of the movie about St. Vincent's Villa, A Movement to Love, here.

Gallagher Services

Gallagher Services supports adults with intellectual and developmental disabilities. We seek student volunteers who can commit to developing meaningful connections with the people we support. Students will be matched to a person based on common interests.

Gallagher Services, through the generosity of the Otenasek family, offers two scholarships annually to outstanding, college-bound, high school seniors.

LOCATION: There are 46 residential homes supported by Gallagher Services located in the Baltimore metropolitan area (Baltimore, Harford and Anne Arundel Counties and Baltimore City), <u>cc-md.org/gallagher</u>

NEEDS: High School students who can commit to volunteering for up to 3 hours per week or at least 100 hours of service.

WHAT YOU'LL DO:

Engage in one-to-one activities with an individual with intellectual and developmental disabilities who is supported by Gallagher Services.

SHIFT: times vary

HOW TO PREPARE FOR YOUR SERVICE:

Volunteers will develop relationships with the people supported in a Trauma-Informed/Person-First environment. Training is provided.

• Watch a video about Gallagher Services here.

Senior Communities

Catholic Charities owns and operates senior communities in Baltimore City, Baltimore, Anne Arundel, Garrett and Harford counties. These homes are offered in 24 locations including nearly 1,800 units of varying sized apartments. There may be projects suitable for scouts to earn their Eagle Scout Merit badge and Girl Scout Gold Awards.

CONTACT: Colette Saucier, Director of Volunteer and Outreach Services, (667) 600-2028

WHAT YOU'LL DO:

There are occasions when volunteers are needed to help with light upkeep inside and outside buildings. Volunteers are encouraged to think of activities enjoyed by a group of seniors like Bingo and singalongs.

HOW TO PREPARE FOR YOUR SERVICE:

Watch a video about Senior Communities at Catholic Charities here.

Ways for EVERYONE to help!

First Graders all the way through High School students can get involved on their own time in their community and school – anytime! For more ideas on customizing a creative volunteer experience for your group, email <u>Colette</u> <u>Saucier</u>.

- Host a Donation Drive: <u>Click here</u> for a link that will list items you can collect from your neighbors, family, and school. Make posters and tell people where to drop off their donations. Before you deliver the donations, contact the Volunteer Service Manager or e-mail <u>volunteer@cc-md.org</u> to confirm a day and time when you will drop off the donations.
- **Casserole Preparation:** Prepare and freeze a hearty meal to serve our guests at MSPWC and ODBEC. Get the recipes and more information by contacting <u>Colette Saucier</u>.
- **"Have a Beautiful Day" Card:** Get creative with your friends and make colorful and happy cards wishing whoever receives it, a "Beautiful Day"! Personalize the card and add a word of encouragement like: "You are strong, and you'll be okay!" Our programs will distribute these to our clients.
- **Organize a Fun-raiser:** Raise money while having fun with your friends. Some ideas for raising money are selling lemonade or baked goods. Consider a craft fair, car wash or book sale. Need more ideas? E-mail <u>Colette Saucier</u>.
- Watch any of the following videos that were listed under each program: Watch with an adult, parent or teacher. We advise videos to be pre-screened by an adult before watching with young students.
 - Watch a video about a Our Daily Bread Employment Center.
 - Watch <u>"The Meaning of the Movement: My Sister's Place–Lenaur"</u> which talks about how not having a place to live can feel.
 - Watch a video about Sarah's House here.
 - Watch a part of the movie about St. Vincent's Villa, A Movement to Love, here.
 - Watch a video about Gallagher Services here.
 - Watch a video about Senior Communities at Catholic Charities here.